

FOOD AND FEEDING HABIT OF *ASPIDOPARIA MORAR*: A STUDY ON PADMA RIVER IN NORTHWESTERN BANGLADESH

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ABSTRACT

Understanding the interspecific relationships for proper management of an ideal fishery system, food, and feeding habits of fishes are prerequisites. The food and feeding habits including types and amount of feed and seasonal pattern of feeding were studied. 168 *Aspidoparia morar* were collected from the River Padma, Rajshahi, Bangladesh from May to December, 2011. The relationship between total length and alimentary canal length was tested using OLS regression. Qualitative as well as quantitative analyses of stomach and gut contents of each fish were done by percentage of occurrence and point method and fullness of stomach was measured by fullness index method. *Aspidoparia morar* was omnivorous due to the presence of both phytoplankton (Chlorophyceae, Euglenophyceae, Bacillariophyceae, Cyanophyceae) and zooplankton (Rotifera, Crustacea) in the gut content. Based on the point method, the average percentage of phytoplankton and zooplankton was 80.71% and 19.29%, respectively. The highest average percentage of fullness was 72.62% in October whereas the lowest was 56.55% in December. The highest average percentage of emptiness recorded was 43.45% in December and the lowest was 27.38% in October. Total length was found statistically positively significant ($P < 0.01$) with the alimentary canal length. Overall, the article concludes that *Aspidoparia morar* is an omnivore with a higher feeding preference for phytoplankton and the food habits change with the seasons based on the qualitative and quantitative analysis of food.

KEY WORDS: Food and feeding habit, fullness of stomach, emptiness of stomach, feeding intensity, plankton

INTRODUCTION

Aspidoparia morar is an indigenous small fish that belongs to the cyprinidae family, attaining a maximum length of 17.50 cm (Chaudhry, 2010), and is widely distributed in Bangladesh, India, Iran, Myanmar, Nepal, Pakistan, and Thailand (Talwar and Jhingran, 1991). It is known as *Morari* in Bangladesh, *Aspidoparie indická* in Czech Rep., *Aspidoparia* in India, *Chakale*, and *Karangi* in Nepal (Froese and Pauly, 2012).

Aspidoparia morar is found in streams, rivers, and ponds in plains and mountainous regions. *Aspidoparia morar* is a major source of animal protein and micronutrients in the diet of rural small-scale farmers (Ross *et al.*, 2003; Hossain *et al.*, 2009). This fish is normally cooked and eaten whole, and its effect on the diet is further enhanced since the bones are rich in calcium (Thilsted *et al.*, 1997). Moreover, *Aspidoparia morar* is also extensively used as an ornamental fish (Chaudhry, 2010). Formerly abundant in rivers and streams of Bangladesh, *Aspidoparia morar* populations have seriously declined due to over exploitation augmented by various ecological changes, degradation of the natural habitats, and destructive fishing methods (Chaudhry, 2010; Hossain *et al.*, 2012a).

The knowledge of food and feeding habit helps to select species that produce maximum yield by utilizing all the available potential food of the water bodies without competition (Dewan *et al.*, 1985). The food and feeding habits of fish vary with the time of the day, season, size of fish, various ecological factors, and different food substances present in the water body (Hynes, 1950).

There are only a few studies have been conducted on *Aspidoparia morar* including reproduction (Breder and Rosen, 1966), first feeding and survival (Malhotra and Munshi, 1985), length-length and length-weight-relationship (Hossain *et al.*, 2009; Hossain, 2010), size at first sexual maturity, condition factor, spawning season, and fecundity (Hossain *et al.*, 2012b). Moreover, no studies have been reported on food and feeding of *Aspidoparia morar* in Bangladeshi waters. Therefore, this study aims to describe the food and feeding habit of *Aspidoparia morar* in the Padma River.

MATERIALS AND METHODS

This study collected the fish sample of *Aspidoparia morar* from the Talaimari ghat of Motihar Thana to Bulonpur ghat of Rajpara Thana under the Rajshahi district of the Padma River from May to December 2011. The river is internationally known as the 'Ganges' in the upstream of slow bound Himalayans at 7000 meters above sea level. It enters Bangladesh from India through the Nawabgang district (Latitude 24° 50' N; Longitude 88° 26' E).

The specimens of the selected fish species were collected by *fash jal* and *Jaki jal*. The fresh samples were immediately chilled in ice on site and fixed with 10% buffered formalin upon arrival at the laboratory to prevent further digestion of food materials and to stop the enzymatic activities of the gut contents. In the laboratory, fishes were washed, cleaned and total length and alimentary canal length of each fish was measured in cm and the fishes were dissected vertically from mouth to anus. Stomach contents were observed and identified under the microscope.

For identification of the food organisms, Ward and Whipple (1959) and Prescott (1962 and 1964) were consulted. The stomach contents were analyzed by the point's method and fullness of stomach was measured using the fullness index method (Hynes, 1950). The stomachs were classified into full, $\frac{3}{4}$ full, $\frac{1}{2}$ full, $\frac{1}{4}$ full and empty. Qualitative and quantitative analysis of food were done using both the point's method and the percentage of frequency of occurrence method.

The number of fish in which each food group occurred was listed as percentage of the total number of fish examined according to the percentage of frequency of occurrence method (Dewan and Saha, 1979). The volume of stomach contents as estimated by observation was recorded on an absolute scale. Points were allotted to each stomach according to the volume of its contents based on the point's method (Hynes, 1950). The stomach with the largest volume was allotted 100 points and each of the stomachs as examined was then rated in one of the following points categories: 0, 3, 6, 12, 25, 50 and 100 points, based on the volume of food present. The categories were based on inspection and estimation. However, a set of standards of all the point categories were made from extra stomachs and were needed in relating absolute volumes to assign point values. Stomach with intermediate quantities of food was allotted to the point's category which they most nearly approached.

All the data were subjected to the ANOVA (Analysis of Variance) using the computer software, SPSS (Statistical Package for Social Science). The relationship between total length and alimentary canal length was tested using the OLS regression. Descriptive statistics such as, average percentage and tabular technique, were done to calculate the length weight relationship, types and amount of food, and seasonal pattern of feeding.

RESULTS AND DISCUSSION

Types and amount of food taken by fish

A variety of food groups were found during the analysis of stomach contents of *Aspidoparia morar*. A total of 6 groups were identified from the stomach of the fishes examined of which 4 belonged to phytoplankton and 2 belonged to zooplankton (Figure 1).

Among the phytoplankton, Chlorophyceae was the most dominant food group by the percentage of total points (24.34%) followed by Euglenophyceae (24.09%), Bacillareophyceae (21.81%), Cyanophyceae (10.47%), Crustacea (10.35%), and Rotifera (9.09%) (Table 1).

Table 1: Group status and total points of plankton in gut contents of *Aspidoparia morar*

Plankton Type	Food Group	% total point
Phytoplankton	Bacillariophyceae	21.81
	Chlorophyceae	24.34
	Cyanophyceae	10.47
	Euglenophyceae	24.09
Zooplankton	Crustacea	10.35
	Rotifera	9.09

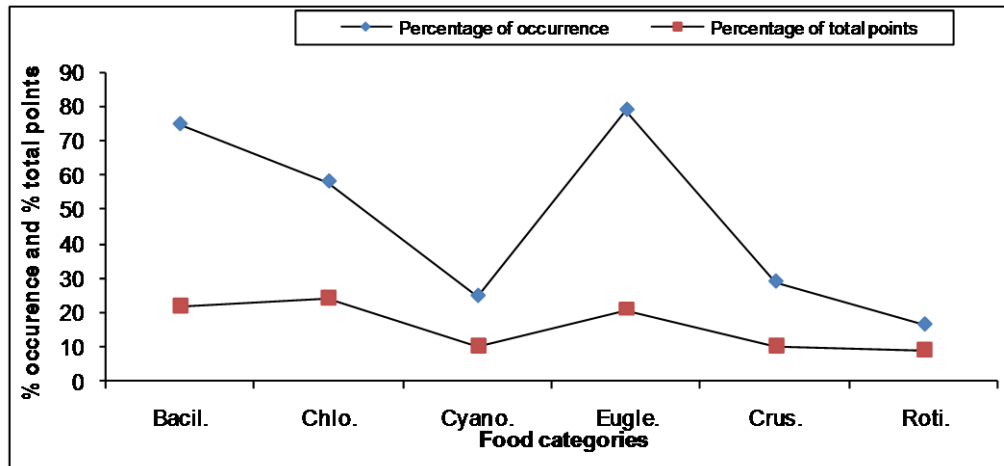


Figure 1: Composition of diet of fish in percentage of occurrence and total points

Shafiqul (2000) studied the food and feeding habit of Dhela (*Osteobrama cotio cotio*) and reported that by percentage of total points, Chlorophyceae (60.47%) and Bacillariophyceae (17.57%) were the main food items. The next preferred food items were Cyanophyceae (8.49%) followed by Euglenophyceae (6.49%), Crustacea (4.60%), Rotifera (1.67%), and Benthos (0.73%) occupied the successive position. However, not all the food groups were found to occur in all the stomachs of fish with food. For this finding, it can be concluded that the fish *Aspidoparia morar* is an omnivore in all the size groups of fish. The fish also showed some changes in the patterns of feeding, as they grow big. Hossain *et al.* (2012) and Keast (1965) reported that many fishes changed diet as they grow. Shafiqul (2003) studied the seasonal variations of food and feeding ecology of a freshwater small fish chela (*Chela cachius*) in a large reservoir pond in Bangladesh and reported that among phytoplankton, Chlorophyceae was the dominant group followed by Bacillariophyceae and among the zooplankton, rotifera was found more than crustaceans.

Feeding intensity (Fullness and vacuity) of *Aspidoparia morar*

Fishes with full, $\frac{3}{4}$ full and $\frac{1}{2}$ full were considered to feed actively and fishes with $\frac{1}{4}$ full were considered to feed poorly and vacuity was considered to feed very poorly or not at a feeding stage. In the month of October, 2011, total highest fullness of stomach was found to be 72.43% and total lowest fullness of stomach was found to be 56.55% in December, 2011. In the month of December, 2011 total highest vacuity of stomach was found to be 43.45 and the total lowest vacuity of stomach was found to be 27.38% in October (Table 2). From the present study, it can be concluded that the fish changes its food habit with the change of months.

Table 2: Monthly percentage of fullness of stomach of *Aspidoparia morar*

Month, year	Fullness of stomach (%)				
	Full	$\frac{3}{4}$ full	$\frac{1}{2}$ full	$\frac{1}{4}$ full	Empty
May' 11	48	42	30	16	32
June' 11	40	42	30	39	17
July' 11	42	38	40	16	32
Aug' 11	46	35	35	22	30
Sept' 11	48	42	30	16	32
Oct' 11	50	40	32	16	30
Nov' 11	30	31	35	30	40
Dec' 11	20	25	50	24	49

Fullness = Full, $\frac{3}{4}$ full, $\frac{1}{2}$ full, Vacuity = $\frac{1}{4}$ full and empty

These findings are more or less similar to those of Dewan and Saha (1979) who reported that *Tilapia nilotica* changed its food habit with the changes in seasons. Alam et al. (2002) and Dasgupta (1990) stated that the feeding intensity of *Tor tor* increased with the increase in size. Higher feeding percentage was also recorded among young individuals of *Tor putitora*. Thomas (1969) stated that low feeding activity might not be due to shortage of food items but due to the spawning season of the fish. Hossain *et al.* (2012) and Hynes (1950) observed that the fish have adapted to a wide variety of food. Some fishes are herbivorous, carnivorous and omnivorous and also plankton feeders. Variation occurs in the food of fishes throughout the year. Monthly changes in temperature not only influenced food composition and the rate of digestion but also the quantity and quality of various foods.

Occurrence Method

Bacillariophyceae was found to be the highest at 100% in the stomach in July and December, 2011 and lowest at 20% in May, 2011. Chlorophyceae was found to be the highest at 100% in the stomach in May, June and September 2011 and lowest at 50% in August, October and December, 2011. Cyanophyceae was found to be the highest at 100% in the stomach in August, October and November, 2011 and lowest at 35% in May, 2011. Euglenophyceae was found to be the highest at 60% in the stomach in December, 2011 and lowest at 30% in June and October, 2011. Crustacea was found to be the highest at 30% in the stomach in November, 2011 and lowest at 15% in September, 2011. Rotifera was found to be the highest at 60% in the stomach in May, August, October, and November 2011 and lowest at 50% in June, 2011 (Table 3).

Table 3: Data of the stomach content of *Aspidoparia morar* analysis by occurrence methods

Month	No. of fish	Bacillariophyc eae	Chlorophyc eae	Cyanopyc eae	Euglenophyc eae	Crusta cea	Rotife ra
May, 11	N=21 O=15	20	100	35	55	20	60
June, 11	N=21 O=15	60	100	60	30	20	50
July, 11	N=21 O=15	100	60	60	31	25	55
Aug, 11	N=21 O=15	50	50	100	35	20	60
Sept, 11	N=21 O=15	55	100	50	35	15	55
Oct, 11	N=21 O=15	60	50	100	30	25	60
Nov, 11	N=21 O=15	50	55	100	50	30	60
Dec, 11	N=21 O=15	100	50	40	60	20	55

(N = Number of fish examined, O = Number of fish with food)

Point's method

The stomach contents of *Aspidoparia morar* consisted of six broad groups namely Bacillariophyceae, Chlorophyceae, Cyanophyceae, Euglenophyceae, Crustacea, and Rotifera and variations of these food items were consumed during different months of the study period. The average number of Bacillariophyceae was 21.81% of the stomach contents during the research period. During this period, maximum number of 22.72% was recorded in October, 2011 and the minimum of 20.63% in August, 2011. The average number of Chlorophyceae was 24.34% of the stomach contents. The maximum number of 25.55% was recorded in May, 2011 and the minimum of 23.12% in November, 2011. The average number of Cyanophyceae was 10.47% of the stomach contents. The maximum number of 11.09% was recorded in November, 2011 and the minimum of 9.54% in July, 2011. The average number of Euglenophyceae was 24.09% of the stomach contents. The maximum number of 25.49% was recorded in September, 2011 and the minimum of 23.32% in July, 2011. The average number of Crustacea was 10.35% of the stomach contents. The maximum number of 11.43% was recorded in July, 2011 and the minimum of 9.63% in September, 2011. The average number of Rotifera

was 9.09% of the stomach contents. The maximum number of 9.63% was recorded in September, 2011 and the minimum of 8.30% in July, 2011 (Table 4).

Table 4: Percentage of total points of different food categories by point's method

Month	No. of fish	Bacillariophyceae	Chlorophyceae	Cyanophyceae	Euglenophyceae	Crustacea	Rotifera
May'11	N=21 O=15	n = 88 P=5.8 6	21. 39 P=7	n = 25. 105 55 P=7	n = 10 44 .6 P=2.9 3	n = 97 23. 61 P=6.47	n = 9. 40 74 P=2. 67
June'11	N=21 O=15	n=91 P= 6..07	21. 62 P=7	n = 24. =105 94 P=7	n=45 10 P=3 .6 9	n = 100 23. 76 P=6.67	n = 8.3 35 0 P= 2.33
July'11	N=21 O=15	n=90 P=6	21. 42 P=7. 07	n = 25. 106 25 P=7. 07	n=40 9. 54 P=2.6 7	n = 98 23. 32 P=6.53	n = 9.0 4 P=2. 53
Aug'11	N=21 O=15	n=88 P=5.8 6	20. 63 P=6. 67	n = 23. 100 49 P=6. 67	n = 10 45 .5 P=3 6	n = 105 24. 65 P=7	n = 9.4 0 P=2. 67
Sep'11	N=21 O=15	n = 90 P=6	21. 63 P=6. 53	n = 23. 98 54 P=6. 53	n=42 10 P=2.8 .0 9	n=106 25. 49 P=7.07	n = 9.6 3 P=2. 67
Oct'11	N=21 O=15	n=95 P=6.3 3	22. 72 P=6. 67	n = 23. 100 94 P=6. 67	n = 10 44 .5 P=2.9 2 3	n = 99 23. 69 P=6.6	n = 9.0 8 P=2. 53
Nov'11	N=21 O=15	n = 94 P=6.2 7	22. 65 P=6. 4	n = 23. 96 12 P=6. 7	n = 11 46 .0 P=3.0 9 7	n = 100 24. 09 P=6.67	n = 8.9 2 P=2. 47
Dec'11	N=21 O=15	n = 91 P=6.0 7	22. 45 P=6. 73	n = 24. 101 89 P=6. 73	n = 10 43 .6 P=2.8 1 7	n = 98 24. 15 P=6.53	n = 9.3 6 P=2. 53

N= Number of fish examined, O = Number of fish with food, P = Number of points per fish, n = Number of food category found

Relationship between total length (TL) and alimentary canal length (ACL)

Mathematical relationship between total length (TL) and alimentary canal length (ACL) was established from the observed data and the values of regressions, correlation-efficient, point of intercepts, and standard deviation were computed (Table 5) using the statistical formula according to Simpson (1951). The results showed that total length was positive and significant ($P < 0.01$) with the alimentary canal length.

Table 5. Relation between total length and alimentary canal length (ACL) of *Aspidoparia morar*

Months , Year	Total length	Alimentary canal length	Value of intercepts	Regression co-efficient	Co-efficient of	Level of significanc
	Mean±SD 'x'	Mean±SD 'y'	Value of 'a'	Value of 'b'	Value of 'r'	P<0.01
May' 11	10.21±1.80	11.55±1.63	2.7606	0.8603	0.946**	P<0.01
June' 11	10.02±2.39	11.28±2.54	0.8526	1.0404	0.981**	P<0.01
July' 11	8.91±1.40	10.43±1.53	1.112	1.0451	0.960**	P<0.01
Aug' 11	9.44±2.11	10.95±2.15	1.5221	0.9987	0.983**	P<0.01
Sep' 11	10.02±2.39	11.28±2.54	0.8526	1.0404	0.981**	P<0.01
Oct' 11	10.21±1.80	11.55±1.63	2.7606	0.8603	0.946**	P<0.01
Nov' 11	8.91±1.40	10.43±1.53	1.112	1.0451	0.960**	P<0.01
Dec' 11	9.20±1.19	10.39±1.32	1.3091	0.9866	0.888**	P<0.01

'a' refers as the values of intercepts, 'b' refers regression co-efficient, and 'r' refers co-efficient of correlation

CONCLUSION

Based on the qualitative and quantitative analysis of food of the fish, it can be concluded that, *Aspidoparia morar* is an omnivore with a higher feeding preference for phytoplankton. The feeding activity of the fish was found to vary with total length (TL) and alimentary canal length (ACL). *Aspidoparia morar* was found to change its feeding activity with the change in season and they were more active during winter compared to summer. The fish showed two feeding peaks; the major one was in winter and the minor one was in late summer. It was found to change its food habits with the change in seasons.

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